

# Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £2.45	PASTA BOLOGNESE	CHICKEN & VEGETABLE PIE	ROASTED PORK WITH SEASONAL VEG & POTATO	CHICKEN MASALA & RICE	BATTERED FISH CAKES, CHIPS WITH PEAS & TARTARE SAUCE
<b>PLANT BASED MAIN MEAL / VEGETARIAN</b> £2.45	VEGETABLE BOLONESE (V)	CHEESE & ONION PASTY (V)	BROCCOLI PASTA BAKE (V)	POTATO AND LENTIL CURRY SERVED WITH TURMERIC INFUSED RICE (V)	BATTERED CHEESE & LEEK PATTY (V)
<b>STREET FOOD</b> From £2.10	JUMBO SAUSAGE IN A ROLL	HAM CHEESE & PEPPERONI TOASTIE	CHICKEN GYRO PITTAS WITH PEPPERS, TZATZIKI	CHEESEBUGER & WEDGES	CHICKEN TIKKA FLATBREAD
<b>TAKEAWAY TUBS</b> £2.45	MEATBALLS ITALIANO	CHICKEN & FRIES	POTATO BRAVAS	CHILLI CHEESE NACHOS (V)	SWÉET & SOUR CHICKEN & RICE
	PENNE ARRABIATA (V)	TOMATO MASCAPONE PASTA (V)	SPAGHETTI POMODORO (V)	MAC 'N' CHEESE (V)	HERBY TOMATO PASTA (V)
<b>PIZZA SLICE</b> £1.1.75	MARGHERITA (V)	CHEESE & HAM	MARGHERITA (V)	MEAT FEAST	MARGHERITA (V)
	PEPPERONI	MARGHERITA (V)	SPICY CHICKEN	MARGHERITA (V)	BBQ CHICKEN
<b>JACKETS</b>			<b>CHEESE &amp; BEANS</b>		
<b>DESSERTS</b>	APPLE CRUMBLE & SAUCE	STICKY TOFFEE PUDDING & CUSTARD	BROWNIE	BAKEWELL TART & CUSTARD	CHOCOLATE MUFFIN

## Meal Deal

Main meal  
with vegetables  
and dessert



+



+



## £2.53

All of our main meals, sand-  
wiches & desserts are freshly  
made on site every day